Troop 90 2022 Summer Camp Packing Checklist

Required/Strongly Recomended

- Label everything with your name!
- Trunk/Foot Locker/Duffle Bag to store your gear in. Recommendation: Foot Locker like https://www.walmart.com/ip/Sterilite-Footlocker-Black/16415912 This fits under your cot. Keeps your gear dry.
- Water Bottle/ Nalgene x2 one quart size you must stay hydrated
- Daypack or old school bag to carry your stuff during the day
- Light Sleeping Bag or Fleece and a Sheet for hot/cool nights
- Rain Suit it will rain at some point No Ponchos suggestion: Frogg Togg Jacket ~\$20 lots of showers forecasted.
- **Hiking Boots or Trail Shoes** broken in (new shoes will only cause blisters)
- Sneakers or comfy shoes while in camp. No open toe shoes!!
- Water shoes or old sneakers Must be closed toe!
- Full BSA Class A summer uniform (shorts, shirt, belt and socks)- this will be worn every night at dinner and colors. No neckerchiefs and slides.
- Fleece jacket, sweatshirt or hoodie it gets chilly in the mountains at night.
- Toilet Kit (soap, toothbrush, comb, washcloth, etc.) (soap in a plastic bag or container)
- Individual First Aid Kit
- Swim/Bath Towels- 2 (one drying one using) We will have clothes lines set up to dry stuff.
- Sleeping Clothes
- Socks- 9 pairs preferably not cotton to prevent blisters
- Underwear- 7 pairs
- T-Shirts –scout like 7 (if not a Class B just a plain shirt with nothing offensive on it. No Camo)
- **Shorts-** scout shorts or scout like (green) 3 or 4 they do not have to be scout pants but rather scout like in a green tone. No wild colored shorts or camo.
- Swim Trunks- 2
- Long pants at least 1 pair
- **Hat** to keep the sun off your head and neck
- Boy Scout Handbook
- Flashlight and extra batteries!! (Extra batteries are important as we use headlamps at night.
- **Pillow** if desired
- Mat/ Foam cushion we will be sleeping on cots- optional but nice to have
- Insect Repellent and Sunscreen non-aerosol think pump spray.
- Pen / pencil and paper (notebook)
- Blue Cards (Troop leaders will bring them to camp)
- MB Pre- Requisites Completed
- MB Materials Identified in Pre Regs
- Trading Post Spending Money (\$25-\$35) for cold drinks, snacks
 Merit Badge items, etc.- extra if you are doing shooting sports and/or handicraft
- Chair unless you like sitting on the ground. Name on Chair.

Optional Items

- **Bug Netting** to go over your cot 'optional' but don't complain about the bugs or spiders. Must fit over cot.
- Playing cards or a game for down time in camp.
- Chaffing Powder/Cream chaffing happens
- **Fishing Gear** Bring your own fishing gear clearly labeled as yours. Many people have the same equipment.
- Sunglasses

Troop 90 Summer Camp Policies

- Cell phone policy: Allowed for SPL and ASPLs only. Not allowed for other scouts. This is our troop policy.
- No charging available at camp if not an adult.
- No Electronics Games/Ipads/Tablets/Laptops at Camp
- No open toe shoes or sandals no exceptions
- All medication will be collected prior to getting on the bus. All meds must be in original bottle in a zip bag with the scout's name on it along with the dosage chart attached to the bag. No exceptions. Included the form located at:
 https://www.monmouthbsa.org/files/15360/Prescription-Medication-Form. One form required for each medication!

Troop 90 Summer Camp Recommendations

- Do not walk around all day in a wet bathing suit change into dry shorts.
- Have all your items tagged with your name and T90 on it. Scouts do and will lose things at camp.
- Be careful with any valuables you bring to camp. Consider whether valuables are needed.
- Pack everything into your trunk or duffle bag. It makes transporting gear a lot easier. Chairs and daypacks can be brought unpacked, but make sure your name and troop number is on it.
- Bring boots and shoes that are broken in. Blisters are not pleasant. Scouts will do an exceptional amount of walking. Expect to hike 20+ miles during the week.